

“Smoke Signals” January IHHS Newsletter:

2018 Winter Homecoming Dance was a Success! This past Saturday night a record number of students gathered at the Indian Hill Winter Club for the 2018 Winter Homecoming Dance to skate, laugh and dance the night away! Over 300 students dressed in classy, fun, thrifty, casual, mis-matched and formal outfits to gather and enjoy this annual tradition. A huge shout out to Mrs. Kuhn, Mrs. Schonauer, Student Government and a number of staff volunteers for making this night possible!

LaSOUPE Returns to IHHS: On February 8th, with the help of several IH parents, Indian Hill High School will once again be sponsoring LaSoupe; a school-wide community service project. During this 1-day event the entire student body will come together to help local families in need as they volunteer in preparation of hundreds of quarts of soup. The students will be packing, organizing and chopping more than 5000 lbs of vegetables, (roughly 2000lbs more than last year)!

2018-19 Scheduling is HERE! On February 1st, students will be meeting with their counselors to begin the process of scheduling for next school year. In the next week, they will hear about the plethora of course offerings here at IHHS, talk to their teachers and hopefully discuss with their parents as they carefully plan for what’s next. This process will take several weeks, culminating in ‘review’ letters sent home in the beginning of March, listing their course choices. Upon arrival, please go through it with your student and ensure that they are making the best choices, keeping in mind the constant academic desire to succeed but also the required time and needed balance to tackle their 2018-19 schedule.

Have questions? Be sure to contact your child’s counselor to talk or set up a meeting. Here at Indian Hill we will continue to endure excellence in learning, leadership, innovation and service and hope that your child creates a schedule that is custom-fit for them!

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|-----------------|---------------------------------|----------|
| Kyle Crowley | (A-E) School/College Counselor | 272-4565 |
| Nollis Cottrell | (F-La) School/College Counselor | 272-4563 |
| Lindsay Kearns | (Lb-R) School/College Counselor | 272-4568 |
| Donita Jackson | (S-Z) School/College Counselor | 272-4506 |

POW-WOW is Coming! (Feb 22-24th, 2018)

This year's production is GREASE and the kids have been working tirelessly in preparation to put on this spectacular performance. Have questions? Take a look at the flyer below or contact Mrs. Katie Arber (Katie.Arber@indianhillschool.org)



Athletic News:

Fall All Star Awards

Fall All Star Awards were recently announced with Indian Hill leading the way throughout the city:

- Cincinnati Hills League
 - 1 Coach of the Year
 - 5 Players of the Year
 - 63 All Conference Players
- Cincinnati Enquirer All Stars
 - 3 Coaches of the Year
 - 5 Players of the Year
 - 40 All City All Stars
- All State/Region
 - 2 State Coaches of the Year (Amy Dunlap and Bill Mees)
 - 1 Regional Coach of the Year (Amy Dunlap)
 - 1 State Player of the Year (Anna Podojil)
 - 6 All State Players (Mick Oakes FB, Anna Podojil and Morgan Jackson G. Soccer, Adam Mutasim B. Soccer, Haley and Gracey Hirsch G. Tennis)
 - 2 All Americans (Anna Podojil and Morgan Jackson)

Indian Hill led all schools with the most athletes making all city teams! Add to that our State Champion undefeated Girls Soccer team and the Braves had a fall for the ages.

Indian Hill Hall of Fame Induction

The Indian Hill Athletic Hall of Fame inducted its Class of 2018 at the boys basketball game on Friday January 26. New inductees are:

- Bo Cordell 2009, football. Bo holds most of our football passing records as well as multiple Division II college records while at Tusculum College.
- Amanda Smith 2007, swimming. Amanda is a 3-time state champion and an All American at both USC and Indiana.

- Gary Rogers 1989, football, basketball and track. Gary is recognized as one of Indian Hill's greatest multi-sport athletes. He went on to play football at Vanderbilt and the Canadian Football League for 6 seasons.

CHL Winter Championships

- Diving – at Mariemont Friday 2/2 at 7:00pm
- Swimming - at Powell Crosley YMCA Saturday 2/3 at 3:00pm
- Wrestling – at Taylor Saturday 2/3 at 10:00am

Winter Athletic Signing Day Wednesday February 7 at 11am in IHHS MP Room. Athletes committing to play at the college level:

- Colin Shaw, basketball, Swarthmore College
- Morgan Jackson, soccer, University of Louisville
- Maddie Cech, soccer, Carnegie Mellon University
- AJ King, baseball, Johns Hopkins University
- Joe Dowling, swimming, Middlebury College
- Max Eihausen, swimming, Middlebury College
- Brooke McClay, lacrosse, Mount Union College
- Emily Anderson, lacrosse, Adrian College

For the 2017-18 school year we now have 15 senior athlete commits.

Spring Sports

Despite our recent spat with frigid weather, we are less than 4 weeks to the start of spring sports practices:

- IHHS Baseball, Softball, Boys Lacrosse and Girls Lacrosse – February 20
- IHHS Track, Boys Tennis – March 5
- IHMS Track – March 12
- IHMS Boys Tennis – March 19

REGISTRATION for Spring Sports

All spring athletes must be registered for their spring sport in order try out and compete once the official start date for their sport occurs. Please go to www.ihbraves.org to register.

Counselor's Corner

January, 2018

TOPIC OF THE MONTH

Great Careers Without a 4-year Degree

Did you know that you could obtain a great job without the need of 4 – 5 years of college and the 4 or 5 years of debt that may come along with it? With the cost to attend college skyrocketing, and the amount of financial aid decreasing, it may be wise to look at all the options that you have available to you once you graduate from high school. Many careers require some sort of postsecondary education or training to be successful, but not all require 4 years of it. Here are a few jobs that you can obtain that have great salaries, but you won't have to go to college for 4 years.

Dental Hygienist – Both an associate's degree in dental hygiene from an accredited program and state certification are the minimum requirements.

Annual Median Salary: \$70,210

Projected Hiring Outlook: 22%

Electric Power-Line Installer – An apprenticeship, typically lasting up to 5 years, is the common starting point for electrical power-line installer. Not only do apprenticeships help you skip the cost of college, these training positions actually pay an average starting salary of \$45,000 a year.

Annual Median Salary: 64,168

Projected Hiring Outlook: 13.7%

Plumber – You can begin your career in plumbing right out of high school with a four or five year paid apprenticeship, in which you'll typically earn 30% to 50% of what fully trained plumbers make. Master plumbers a license in most states.

Annual Median Salary: \$48,194

Projected Hiring Outlook: 17.6%

Multimedia Artist – The Bureau of Labor Statistics recommends a bachelor's degree for becoming a multimedia artist, however, it's not a requirement and several trade schools offer programs specializing in multimedia art. Plus, a notable 57% of those working as multimedia artists are self-employed.

Annual Median Salary: 61,370

Projected Hiring Outlook: 6%

Commercial Pilot – Flight training is necessary, extensive and expensive. You need to get a private pilot's license, which requires a minimum of 40 hours of flight time. Then you have to log 250 hours to get a commercial pilot's license. You must also get additional licenses for instrument, multi-engine and other ratings, as well as pass periodic medical exams and renew your licenses throughout your career.

Annual Median Salary: \$73,528

Projected Hiring Outlook: 15%

Paralegal Assistant – Entry-level paralegal assistants are required to have an associate's degree in paralegal studies from an accredited program. Those working toward this certification can work on-the-job as interns.

Annual Median Salary: \$46,990

Projected Hiring Outlook: 7%

Registered Nurse – According to BLS, two ways in which a registered nurse can begin his/her career without receiving a four-year college degree is by earning “an associate’s degree in nursing or a diploma from an approved nursing program.” Once reaching this level of education, additional credentials as dictated by individual state are required.

Annual Median Salary: \$65,470

Projected Hiring Outlook: 19%

Respiratory Therapist – Programs for training and certification in respiratory therapy exist throughout the country. Anyone trying to become a respiratory therapist must be certified by the National Board for Respiratory Care.

Annual Median Salary: \$55,870

Projected Hiring Outlook: 19%

Web Developer – Training in various web-building disciplines is required for aspiring web developers. This includes HTML, CSS, JavaScript and other coding techniques, as well as some graphic design. Most can be obtained through associate’s programs.

Annual Median Salary: \$62,500

Projected Hiring Outlook: 20%

Computer Service Technician – The BLS reports that educational requirements for aspiring computer support technicians can vary depending on the nature and level of work. A high school diploma with applicable experience can suffice in some instances.

Annual Median Salary: \$48,900

Projected Hiring Outlook: 17%

Office Support Supervisor – You can get started in entry-level clerical and administrative positions straight out of high school if you have basic office and computer skills. On the job training and relevant classes at a technical school or community college can add to your resume.

Annual Median Salary: \$50,211

Projected Hiring Outlook: 12.4%

Indian Hill High School will be holding a Career Day for all students in grade 10 on Thursday, March 15th in the High School Gymnasium. This will be an opportunity for students to explore a wide range of careers and speak to professionals about their career path and the details of their jobs.

(Source: www.careercast.com/jobs-rated/best-jobs-without-degree-2015;

(Source: www.kiplinger.com/slideshow/business/T012-s001-best-jobs-without-a-college-degree-2015)

MIDYEAR REPORTS

Midyear Reports (7th semester grades) will be sent to all colleges and universities for seniors that have applied beginning the week of January 22nd. Please check your marks and have any corrections resolved prior to January 22nd.

Scheduling Night

There will be a scheduling information night for all incoming Freshman on January 31st 2018, from 6:30-7:30 pm. It will be held in the High School MP room. Members of each department and your counselors will be there to make a presentation and answer all questions regarding high school scheduling.

Mental Health and Awareness:

Did you know that suicide is the second leading cause of death among school-aged youth? Were you aware that suicide rates have increased 128% for our children ages 10-14 since the 1980's? Loss of a loved one, friend, neighbor, colleague, or other acquaintance to suicide is devastating. Importantly, there is hope and help for persons contemplating suicide, and you can help others in need. **QPR** stands for **Question, Persuade, and Refer** -- 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Parents, teachers, and friends are in a key position to notice these signs and help our children.

As a QPR-trained Gatekeeper, trainees receive background on the prevalence of suicide and learn to

- recognize the warning signs of suicide
- know how to offer hope
- know how to get help and save a life

Our school counseling department will be offering free suicide prevention training in February through Child Focus. QPR will be offered to staff and students on February 21 during FLEx and for parents and community members on February 21 from 6:30-8:30PM in the MP Room. Please join us as we learn valuable life-saving skills.

Please reserve your spot on the evening of February 21 by registering [HERE](#) or by contacting Karen Post at 513.272.4566.

For more information please click on the links/videos below:

<https://1n5.org/calendar/the-s-word-movie-screening>

<https://gathr.us/screening/22391>

https://youtu.be/R_3MRQHyoS0

SAT and ACT TESTING

*Indian Hill High School is a testing site for the SAT exam. All students that would like to take the SAT exam may register at www.sat.collegeboard.com. The test site number is 36219. To register for the ACT go to www.actstudent.org. The test site number is 229220. **All students in the class of 2018 should sign up for the SAT exam and/or the ACT with writing.***

SAT exam

March 7

March 10

May 5

June 2

Registration deadline:

School Day SAT exam for Juniors at IHHS

February 9

April 6

May 3

ACT exam

February 10

Registration deadline:

January 12

April 14 (@ IHHS)
June 9
July 14

March 9
May 4
June 15

Upcoming Dates:

February 1: HS Scheduling Begins

February 6: HS Online Scheduling Window Opens

February 6: Parent Equity Group Meeting (MS MP Room 6-8pm)

February 10: ACT exam

February 14: Valentine's Day

February 15: Online Scheduling with Counselors (Grades 9 – 11)

February 16: NO SCHOOL (Staff Conference Day) – Great college visit opportunity

February 22-24: POW WOW!!!

February 28: IH Rangers Presentation (7-8pm HS MP Room)

March 1: Counselor Coffee

March 7: School Day SAT exam

March 10: SAT exam @ IHHS

March 15: Career Day (Grade 10)
